

# NOVEMBER 2008

## SME / SMCCHS CAMPUS MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Wellness Tip: Drink plain old water daily, keep your body hydrated.</b>				
<b>3 Blue</b> Stromboli w/Pizza Sauce Cooked Carrots Fresh Apple w/Caramel or Peanut Butter Milk	<b>4 Orange</b> Hamburger/Bun Cheese/Pickles French Fries Strawberry Cup Animal Crackers Milk	<b>5 Green</b> Ham & Au Gratin Potatoes Chilled Sliced Pears Wheat Bread Peanut Butter Cookie Milk	<b>6 Yellow</b> Walking Taco Salsa Kernel Corn Chilled Pineapple Tidbits Cinnamon Fish Grahams Milk	<b>7 Purple</b> Macaroni & Cheese Green Beans Chilled Mixed Fruit Apple/Nut Nutrition Bar Milk
<b>10 White</b> Baked Corn Dog Baked Beans Chilled Sliced Pears Frozen Yogurt Cup Milk	<b>11 Blue</b> Hamburger/Bun Cheese/Pickles French Fries Chilled Sliced Peaches PBJ Bar Milk	<b>12 Orange</b> Goulash Romaine Salad Bread Stick Sherbet Milk	<b>13 Green</b> Chicken Gravy over Mashed Potatoes Garden Peas Ch/SI Mandarin Oranges Wheat Roll Milk	<b>14 Yellow</b> Baked Cheese Pizza Kernel Corn Bunch of Grapes Choc. Chip Cookie Milk
<b>17 Purple</b> Baked Chicken Nuggets Rice With Gravy Green Beans Cherry Jello w/Cherries Milk	<b>18 White</b> Hamburger / Bun Cheese and Pickles French Fries Cinnamon Applesauce Apple/Nut Nutrition Bar Milk	<b>19 Blue</b> Stromboli Pizza Sauce Tossed Salad Chilled Sliced Peaches Milk	<b>20 Orange</b> Walking Taco Salsa Kernel Corn Chilled Pineapple Tidbits Rice Krispie Treat Milk	<b>21 Green</b> French Toast Sticks Cheese Omelette Baked Hash Brown Fresh Orange Wedges Milk
<b>24 Yellow</b> Baked Chicken Patty/Bun Sweet Potatoes Cinnamon Applesauce Fruit Snacks Milk	<b>25 Purple</b> Hamburger/Bun Cheese/Pickles French Fries Chilled Sliced Peaches Frosted Fall Cookie Milk	<b>26</b>  <b>Thanksgiving</b>	<b>27</b>  <b>Break !!!!</b>	<b>28</b>  <b>Enjoy!!!!</b>

